

About the Teacher



Catherine De Dominick, B.A.E.D.

Miss De Dominick graduated cum laude from Concordia University, Portland. She received her degree in Elementary Education and Early Childhood Education with a minor in Professional Church Work. Peace Lutheran School is her first teaching position!

Catherine grew up as a military dependent and has lived in the Midwest, Alaska, and even Canada.

Miss De Dominick loves to paint, draw, play piano and guitar. She enjoys traveling and exploring new places.

Peace Lutheran School



First Grade

1234 Riddell Road, Bremerton, WA 98310 Phone: 360-373-2116

First Grade Curriculum Overview

Biblical Studies

Daily Bible lessons and weekly chapel services reinforce familiarity with stories and parables from the Bible. Two lessons are covered weekly, and through Bible reading and practical application, the students are introduced to the different concepts of God's Law and the Gospel. Students are shown the love God has for them through His son, Jesus Christ.

Language Arts

Reading and spelling are the main focus in the first grade Language Arts program. In addition to reading and spelling, the program stresses the importance of speaking and writing using phonics skills and word recognition.

Math

Mathematics concepts such as addition, subtraction, grouping, graphing, measurement, counting money, fractions, and basic geometry are introduced using concrete and tangible teaching aids.

Science

Science lessons based on units covering trees, sky, pond, geology, properties of matter, and the human body provide the students opportunities for hands-on learning through experimentation and observation.

Social Studies

Social Studies concepts are integrated by studying the development of families, food, clothing, homes, friends, and our country. Famous Americans are also studied.

Music

Rhythm activities for first graders are more complex, yet similar to Kindergarten. Students have many opportunities to hear and respond to the beat and rhythm patterns in a variety of musical styles. Sense of rhythm is developed by singing, playing with instruments, creative movement, and musical games.

Art

Art lessons help students develop a wide appreciation for visual art, introducing the components of art history, aesthetics, and criticism as well as art production. Hands-on experiences include drawing, water color, paper sculpture, paper mache, paper collage, print making, self portraits, sponge painting, paper making, crayon/paint relief, and bead jewelry.

Physical Education

The first grade physical education program is designed to build on all of the skills and learning worked on in Kindergarten and to increase proficiency and capability. Students become more aware of the value and enjoyment of physical activity and will begin using skills in game-like situations.

Foreign Language

Spanish is introduced through song, rhyme, rhythm, and familiar fairy tales in the target language. No English is used. Vocabulary builds upon what is familiar in the classroom and is integrated with math, science, and art.

Study Skills

Study skills are encouraged by the use of decoding processes when reading, and by learning to utilize their time to complete assignments and projects. They are also encouraged to work in their study without disturbing others.

Developmental Characteristics

- Are very active and energetic
- Show increased eagerness and curiosity
- Attention span is short, but lengthens during the year
- Begin to think with their heads what they formerly had to do with their hands
- Begin to distinguish between make-believe and reality
- Experience rapid language development
- Begin to move from being self-centered to seeing themselves as part of a social group
- Still view God largely in human terms
- Accept adult explanations of God's spiritual nature
- Are becoming more independent working at tasks

First Grade Goals

1. Be proficient in phonetic reading and sight word skills.
2. Be proficient in writing complete, intelligible sentences.
3. Develop responsibility for their own property and actions.
4. Exhibit respect for classmates and work independently without disturbing others.
5. Recognize the grace given by God and the need to lead a Christ-centered life.

Behavioral Expectations

1. Be prepared for class
2. Participate in class
3. Follow directions
4. Listen attentively
5. Respect the rights and property of others
6. Use time wisely
7. Complete work carefully and neatly
8. Work with others cooperatively
9. Engage in proper behavior inside and outside of the classroom

Discipline is the process of becoming a follower. It should not be confused with punishment, although at times the discipline process may not seem pleasant. The goal is to teach Christ-pleasing behavior, and this is done as gently as possible while still remaining firm and consistent. Students are expected to treat classmates and all adults with respect, be helpful to others, and learn to encourage one another, appreciating the differences among their classmates.

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